

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 07:30 until 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cools Sandra HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 08:48
Heat: 2/19 Lane : 2 Athlete: DE VEERMAN ILAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 08:48
Heat: 2/19 Lane : 3 Athlete: MARGUTTI MAURO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:44.02 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 08:48
Heat: 2/19 Lane : 6 Athlete: VAN DE MOERE SAMI			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 08:48
Heat: 2/19 Lane : 9 Athlete: MILLET NOAH			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 08:50
Heat: 3/19 Lane : 2 Athlete: VERMEIR CAS			Q-time: 01:54:14
PB (50m pool): 01:54.14 Gent 08/02/2026 PB (25m pool): 01:58.60 SB: 01:54.14 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:54.24	01:54.14	
	00:54.24	00:59.90	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 08:50
Heat: 3/19 Lane : 4 Athlete: DE KEIJSER STAF			Q-time: 01:51:30
PB (50m pool): 01:51.30 Antwerpen 15/03/2026 PB (25m pool): no time SB: 01:51.30 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:52.50	01:51.30	
	00:52.50	00:58.80	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 08:50
Heat: 3/19 Lane : 6 Athlete: TRIEST JULES			Q-time: 01:53:17
PB (50m pool): 01:53.17 Gent 08/02/2026 PB (25m pool): 01:51.16 SB: 01:53.17 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:53.18	01:53.17	
	00:53.18	00:59.99	

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 0 Athlete: DE CRAENE NATHEN			Q-time: 01:50:58
PB (50m pool): 01:50.58 Gent 08/02/2026			PB (25m pool): 01:52.01 SB: 01:50.58 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:49.62	01:50.58	
	00:49.62	01:00.96	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 1 Athlete: COSYN MATS			Q-time: 01:50:22
PB (50m pool): 01:50.22 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:50.22 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:53.11	01:50.22	
	00:53.11	00:57.11	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 4 Athlete: DE KEIJSER RAF			Q-time: 01:45:70
PB (50m pool): 01:45.70 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:45.70 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:51.41	01:45.70	
	00:51.41	00:54.29	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 6 Athlete: VAN KERKHOVE JORICK			Q-time: 01:46:63
PB (50m pool): 01:46.63 Gent 08/02/2026			PB (25m pool): 01:48.93 SB: 01:46.63 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:50.83	01:46.63	
	00:50.83	00:55.80	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 08:55
Heat: 5/19 Lane : 3 Athlete: HOSTE LARS			Q-time: 01:41:41
PB (50m pool): 01:41.41 Aalst 11/05/2025			PB (25m pool): 01:48.25 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.87	01:41.41	
	00:47.87	00:53.54	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 08:55
Heat: 5/19 Lane : 4 Athlete: STEVENS GERBEN			Q-time: 01:40:82
PB (50m pool): 01:40.82 Antwerpen 13/07/2025			PB (25m pool): 01:38.27 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.54	01:40.82	
	00:46.54	00:54.28	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 2 Athlete: DE CRAENE THIBE			Q-time: 01:38:17
PB (50m pool): 01:38.17 Gent 08/02/2026			PB (25m pool): 01:41.09 SB: 01:38.17 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:47.11	01:38.17	
	00:47.11	00:51.06	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 3 Athlete: DAEM JOPPE			Q-time: 01:37:79
PB (50m pool): 01:37.79 Gent 08/02/2026			PB (25m pool): 01:36.25 SB: 01:37.79 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:47.50	01:37.79	
	00:47.50	00:50.29	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 4 Athlete: MINNOYE TIEBE			Q-time: 01:37:58
PB (50m pool): 01:37.58 Gent 08/02/2026			PB (25m pool): 01:33.58 SB: 01:37.58 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:46.45	01:37.58	
	00:46.45	00:51.13	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 0 Athlete: ACKE MANU			Q-time: 01:36:67
PB (50m pool): 01:36.67 Antwerpen 15/03/2026			PB (25m pool): 01:31.82 SB: 01:36.67 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.54	01:36.67	
	00:45.54	00:51.13	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 2 Athlete: MATAIGNE MICHEL			Q-time: 01:35:27
PB (50m pool): 01:35.27 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:35.27 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.32	01:35.27	
	00:45.32	00:49.95	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 5 Athlete: DE WEVER ARTHUR			Q-time: 01:34:48
PB (50m pool): 01:34.48 Antwerpen 13/07/2025			PB (25m pool): 01:34.08 SB: 01:36.55 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:45.20	01:34.48	
	00:45.20	00:49.28	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 7 Athlete: TRIEST LOUIS			Q-time: 01:35:48
PB (50m pool): 01:35.48 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:31.40 SB: 01:36.38 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:45.29	01:35.48	
	00:45.29	00:50.19	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 09:01
Heat: 8/19 Lane : 0 Athlete: CASTEUR NICOLAS			Q-time: 01:33:07
PB (50m pool): 01:33.07 Antwerpen 15/03/2026 PB (25m pool): 01:28.96 SB: 01:33.07 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:44.30	01:33.07	
	00:44.30	00:48.77	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 09:01
Heat: 8/19 Lane : 7 Athlete: MILLET LUCAS			Q-time: 01:32:51
PB (50m pool): 01:32.51 Antwerpen 15/03/2026 PB (25m pool): 01:32.84 SB: 01:32.51 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:43.51	01:32.51	
	00:43.51	00:49.00	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 09:01
Heat: 8/19 Lane : 9 Athlete: VAN LOO MATHIAS			Q-time: 01:33:53
PB (50m pool): 01:33.53 Antwerpen 13/07/2025 PB (25m pool): 01:40.40 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.80	01:33.53	
	00:44.80	00:48.73	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 09:03
Heat: 9/19 Lane : 5 Athlete: DE CHAMPS LOïc			Q-time: 01:28:08
PB (50m pool): 01:28.08 Gent 08/02/2026			PB (25m pool): 01:29.38 SB: 01:28.08 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:41.35	01:28.08	
	00:41.35	00:46.73	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 09:03
Heat: 9/19 Lane : 7 Athlete: DE PAUW JULES			Q-time: 01:29:85
PB (50m pool): 01:29.85 Gent 08/02/2026			PB (25m pool): 01:33.97 SB: 01:29.85 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.61	01:29.85	
	00:42.61	00:47.24	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 09:03
Heat: 9/19 Lane : 8 Athlete: UVYN MAXIM			Q-time: 01:30:64
PB (50m pool): 01:30.64 Antwerpen 15/03/2026			PB (25m pool): 01:37.72 SB: 01:30.64 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.24	01:30.64	
	00:43.24	00:47.40	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 4 Athlete: DE BIE DAAN			Q-time: 01:24:59
PB (50m pool): 01:20.94 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:22.69 SB: 01:20.94 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:38.04	01:20.94	
	00:38.04	00:42.90	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 7 Athlete: GERRITSEN BRUNO			Q-time: 01:25:74
PB (50m pool): 01:25.74 Gent 08/02/2026			PB (25m pool): 01:24.19 SB: 01:25.74 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.51	01:25.74	
	00:40.51	00:45.23	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 09:07
Heat: 11/19 Lane : 1 Athlete: BECK STANN			Q-time: 01:24:04
PB (50m pool): 01:24.04 Antwerpen 15/03/2026			PB (25m pool): 01:21.49 SB: 01:24.04 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.74	01:24.04	
	00:40.74	00:43.30	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 09:07
Heat: 11/19 Lane : 8 Athlete: BEERNAERT DAAN			Q-time: 01:24:05
PB (50m pool): 01:24.05 Gent 08/02/2026			PB (25m pool): 01:29.10 SB: 01:24.05 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:38.89	01:24.05	
	00:38.89	00:45.16	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 09:09
Heat: 12/19 Lane : 6 Athlete: LIEVENS TIEBE			Q-time: 01:21:70
PB (50m pool): 01:21.42 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:19.28 SB: 01:21.42 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:38.25	01:21.42	
	00:38.25	00:43.17	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 09:10
Heat: 13/19 Lane : 1 Athlete: VANNIEUWENHUYSE LOÏC			Q-time: 01:20:51
PB (50m pool): 01:20.51 Gent 08/02/2026			PB (25m pool): 01:22.35 SB: 01:20.51 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.32	01:20.51	
	00:37.32	00:43.19	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 09:10
Heat: 13/19 Lane : 7 Athlete: NEYRYNCK TIBO			Q-time: 01:20:34
PB (50m pool): 01:16.23 GENK 14/07/2019			PB (25m pool): 01:14.65 SB: 01:21.20 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:16.23	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 09:12
Heat: 14/19 Lane : 2 Athlete: DEGRANDE LARS			Q-time: 01:18:76
PB (50m pool): 01:18.76 Antwerpen 15/03/2026			PB (25m pool): 01:14.30 SB: 01:18.76 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.43	01:18.76	
	00:36.43	00:42.33	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 09:14
Heat: 15/19 Lane : 3 Athlete: CASTEUR ALEXANDER			Q-time: 01:16:61
PB (50m pool): 01:16.61 Antwerpen 15/03/2026			PB (25m pool): 01:13.87 SB: 01:16.61 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.90	01:16.61	
	00:35.90	00:40.71	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 09:14
Heat: 15/19 Lane : 5 Athlete: STEVENS JAAN			Q-time: 01:16:53
PB (50m pool): 01:16.53 Antwerpen 15/03/2026			PB (25m pool): 01:18.14 SB: 01:16.53 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.11	01:16.53	
	00:36.11	00:40.42	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 09:14
Heat: 15/19 Lane : 7 Athlete: TIMMERMANS JULES			Q-time: 01:16:99
PB (50m pool): 01:16.99 Sportoase De Watermolen 29/03/2026			PB (25m pool): 01:15.31 SB: 01:16.99 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	
PB	00:35.56	01:16.99	
	00:35.56	00:41.43	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 09:14
Heat: 15/19 Lane : 9 Athlete: DE CRAENE MATTHIS			Q-time: 01:17:51
PB (50m pool): 01:17.51 Gent 08/02/2026			PB (25m pool): 01:15.97 SB: 01:17.51 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:36.73	01:17.51	
	00:36.73	00:40.78	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 09:16
Heat: 16/19 Lane : 1 Athlete: VAN RAEMDONCK CAMU			Q-time: 01:15:24
PB (50m pool): 01:15.24 Antwerpen 15/03/2026			PB (25m pool): 01:12.89 SB: 01:15.24 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.30	01:15.24	
	00:35.30	00:39.94	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 09:16
Heat: 16/19 Lane : 9 Athlete: VERHEYDEN VINZ			Q-time: 01:15:93
PB (50m pool): 01:13.41 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:10.85 SB: 01:13.41 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:33.95	01:13.41	
	00:33.95	00:39.46	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 09:19
Heat: 18/19 Lane : 2 Athlete: DE SMAELE KEYON			Q-time: 01:09:24
PB (50m pool): 01:07.31 Antwerpen 28/07/2024 PB (25m pool): 01:05.53 SB: 01:11.03 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	no time	01:07.31	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 09:19
Heat: 18/19 Lane : 9 Athlete: VANCAYZEELE THIBAU			Q-time: 01:13:62
PB (50m pool): 01:13.62 Antwerpen 13/07/2025 PB (25m pool): 01:11.94 SB: 01:15.04 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.36	01:13.62	
	00:34.36	00:39.26	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 09:21
Heat: 19/19 Lane : 0 Athlete: SLOS ROBBIE			Q-time: 01:12:94
PB (50m pool): 01:12.94 Antwerpen 22/03/2026 PB (25m pool): 01:11.20 SB: 01:12.94 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.05	01:12.94	
	00:34.05	00:38.89	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 09:21
Heat: 19/19 Lane : 8 Athlete: VAN TRICHT FINN			Q-time: 01:12:38
PB (50m pool): 01:11.79 Antwerpen 21/07/2024			PB (25m pool): 01:09.23 SB: 01:13.64 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:11.79	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 09:23
Heat: 1/18 Lane : 1 Athlete: BOON MARGOT			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 09:23
Heat: 1/18 Lane : 5 Athlete: BAEYENS EMKE			Q-time: 99:99:99
PB (50m pool): 01:47.22 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): no time SB: 01:47.22 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:50.91	01:47.22	
	00:50.91	00:56.31	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 09:23
Heat: 1/18 Lane : 6 Athlete: ENGHIE ROOS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 09:23
Heat: 1/18 Lane : 7 Athlete: LEBON LENNE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 09:25
Heat: 2/18 Lane : 5 Athlete: HERREGODS INE			Q-time: 01:56:16
PB (50m pool): 01:56.16 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 01:54.00 SB: 01:56.16 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M	1 0 0 M	
PB	00:56.20	01:56.16	
	00:56.20	00:59.96	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:28
Heat: 3/18 Lane : 1 Athlete: VERBUSTEL LORE			Q-time: 01:53:88
PB (50m pool): 01:53.88 Antwerpen 15/03/2026 PB (25m pool): no time SB: 01:53.88 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:54.58	01:53.88	
	00:54.58	00:59.30	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:28
Heat: 3/18 Lane : 3 Athlete: VAN LOO HANNAH			Q-time: 01:52:86
PB (50m pool): 01:52.86 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:36.35 SB: no time			
	5 0 M	1 0 0 M	
PB	00:54.01	01:52.86	
	00:54.01	00:58.85	

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:28
Heat: 3/18 Lane : 5 Athlete: VAN LAETHEM ALEXIS			Q-time: 01:52:33
PB (50m pool): 01:52.33 Antwerpen 15/03/2026			PB (25m pool): 01:56.50 SB: 01:52.33 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:54.79	01:52.33	
	00:54.79	00:57.54	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:28
Heat: 3/18 Lane : 6 Athlete: VAN CAENEGEM FIEN			Q-time: 01:53:31
PB (50m pool): 01:50.74 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:52.80 SB: 01:50.74 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:51.89	01:50.74	
	00:51.89	00:58.85	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:30
Heat: 4/18 Lane : 1 Athlete: VAN LOO CHARLOTTE			Q-time: 01:48:38
PB (50m pool): 01:45.57 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:42.76 SB: 01:48.49 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:45.57	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:30
Heat: 4/18 Lane : 2 Athlete: STORME IEME			Q-time: 01:47:27
PB (50m pool): 01:40.39 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:35.97 SB: 01:40.39 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:48.72	01:40.39	
	00:48.72	00:51.67	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:30
Heat: 4/18 Lane : 4 Athlete: VAN DEN BRULLE MANE			Q-time: 01:45:54
PB (50m pool): 01:45.54 Antwerpen 15/03/2026			PB (25m pool): 01:42.26 SB: 01:45.54 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:50.25	01:45.54	
	00:50.25	00:55.29	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 09:33
Heat: 5/18 Lane : 4 Athlete: BEKAERT SOPHIA			Q-time: 01:43:10
PB (50m pool): 01:43.10 Antwerpen 13/07/2025			PB (25m pool): 01:44.02 SB: 01:48.61 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:49.65	01:43.10	
	00:49.65	00:53.45	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 09:33
Heat: 5/18 Lane : 9 Athlete: HAMID ROYAH			Q-time: 01:45:17
PB (50m pool): 01:45.17 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:45.43 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.77	01:45.17	
	00:48.77	00:56.40	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 09:35
Heat: 6/18 Lane : 0 Athlete: GERRITSEN VESPER			Q-time: 01:42:74
PB (50m pool): 01:37.87 Antwerpen 16/07/2023			PB (25m pool): 01:37.43 SB: 01:42.74 Sportoase De Watermolen 29/03/2023
	5 0 M	1 0 0 M	
PB	no time	01:37.87	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 09:35
Heat: 6/18 Lane : 3 Athlete: STORME JADE			Q-time: 01:41:16
PB (50m pool): 01:41.16 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:34.29 SB: 01:45.24 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:47.38	01:41.16	
	00:47.38	00:53.78	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 09:35
Heat: 6/18 Lane : 4 Athlete: DAEM HANNELISE			Q-time: 01:40:66
PB (50m pool): 01:40.66 Gent 08/02/2026 PB (25m pool): 01:37.98 SB: 01:40.66 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:46.82	01:40.66	
	00:46.82	00:53.84	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 09:35
Heat: 6/18 Lane : 9 Athlete: AKMAN REZZAN			Q-time: 01:42:86
PB (50m pool): 01:42.86 Gent 08/02/2026 PB (25m pool): no time SB: 01:42.86 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:47.74	01:42.86	
	00:47.74	00:55.12	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 0 Athlete: BAELE NORAH			Q-time: 01:40:27
PB (50m pool): 01:37.47 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:47.37 SB: 01:37.47 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:45.60	01:37.47	
	00:45.60	00:51.87	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 2 Athlete: CANTRé EMILIE			Q-time: 01:39:58
PB (50m pool): 01:38.50 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:33.45 SB: 01:38.50 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:46.50	01:38.50	
	00:46.50	00:52.00	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 5 Athlete: BRUNET MAXIME			Q-time: 01:39:05
PB (50m pool): 01:39.05 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 01:56.12 SB: 01:39.05 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M	1 0 0 M	
PB	00:46.95	01:39.05	
	00:46.95	00:52.10	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 7 Athlete: SUY NORA			Q-time: 01:39:74
PB (50m pool): 01:39.74 Antwerpen 15/03/2026 PB (25m pool): 01:42.06 SB: 01:39.74 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:46.36	01:39.74	
	00:46.36	00:53.38	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 8 Athlete: DEPESTELE GITTE			Q-time: 01:39:99
PB (50m pool): 01:39.99 Gent 08/02/2026 PB (25m pool): 01:40.68 SB: 01:39.99 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:46.68	01:39.99	
	00:46.68	00:53.31	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 09:37
Heat: 7/18 Lane : 9 Athlete: UVYN AURÉLIE			Q-time: 01:40:40
PB (50m pool): 01:37.96 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:42.47 SB: 01:37.96 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:46.47	01:37.96	
	00:46.47	00:51.49	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 09:39
Heat: 8/18 Lane : 4 Athlete: RUTTEN LEONIE			Q-time: 01:37:84
PB (50m pool): 01:37.84 Gent 08/02/2026 PB (25m pool): 01:35.85 SB: 01:37.84 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:45.81	01:37.84	
	00:45.81	00:52.03	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 09:39
Heat: 8/18 Lane : 7 Athlete: DE GRIEVE ONA			Q-time: 01:38:07
PB (50m pool): 01:31.53 Antwerpen 14/07/2024 PB (25m pool): 01:31.29 SB: 01:38.07 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:31.53	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 09:41
Heat: 9/18 Lane : 2 Athlete: BOGAERT HANNE			Q-time: 01:35:82
PB (50m pool): 01:35.82 Antwerpen 20/07/2025 PB (25m pool): 01:28.83 SB: 01:37.62 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:45.42	01:35.82	
	00:45.42	00:50.40	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 09:41
Heat: 9/18 Lane : 3 Athlete: GALMART HAYLEY			Q-time: 01:35:17
PB (50m pool): 01:35.17 Antwerpen 15/03/2026			PB (25m pool): 01:34.94 SB: 01:35.17 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:46.39	01:35.17	
	00:46.39	00:48.78	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 09:41
Heat: 9/18 Lane : 4 Athlete: VELGHE LAUREN			Q-time: 01:34:99
PB (50m pool): 01:34.99 Gent 08/02/2026			PB (25m pool): 01:31.73 SB: 01:34.99 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:45.46	01:34.99	
	00:45.46	00:49.53	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 09:41
Heat: 9/18 Lane : 9 Athlete: MENU NINA			Q-time: 01:37:10
PB (50m pool): 01:37.10 Antwerpen 15/03/2026			PB (25m pool): 01:43.47 SB: 01:37.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:46.81	01:37.10	
	00:46.81	00:50.29	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:43
Heat: 10/18 Lane : 6 Athlete: NGABO ANNABELLE			Q-time: 01:34:06
PB (50m pool): 01:34.06 Antwerpen 15/03/2026			PB (25m pool): 01:36.69 SB: 01:34.06 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.95	01:34.06	
	00:45.95	00:48.11	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:43
Heat: 10/18 Lane : 7 Athlete: DEGRANDE AN			Q-time: 01:34:43
PB (50m pool): 01:34.43 Gent 08/02/2026			PB (25m pool): 01:31.32 SB: 01:34.43 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:44.95	01:34.43	
	00:44.95	00:49.48	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:43
Heat: 10/18 Lane : 8 Athlete: VERBERT KAAT			Q-time: 01:34:67
PB (50m pool): 01:34.67 Gent 08/02/2026			PB (25m pool): 01:34.65 SB: 01:34.67 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:45.65	01:34.67	
	00:45.65	00:49.02	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 09:45
Heat: 11/18 Lane : 2 Athlete: DE WEVER LAURA			Q-time: 01:32:66
PB (50m pool): 01:32.66 Gent 08/02/2026			PB (25m pool): 01:28.57 SB: 01:32.66 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.70	01:32.66	
	00:42.70	00:49.96	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 09:45
Heat: 11/18 Lane : 9 Athlete: DE BACKER SOPHIE			Q-time: 01:33:56
PB (50m pool): 01:33.56 Antwerpen 15/03/2026			PB (25m pool): 01:29.25 SB: 01:33.56 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.39	01:33.56	
	00:44.39	00:49.17	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 09:47
Heat: 12/18 Lane : 3 Athlete: DE BIE LIZE			Q-time: 01:31:14
PB (50m pool): 01:29.51 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:30.82 SB: 01:29.51 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:43.00	01:29.51	
	00:43.00	00:46.51	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:49
Heat: 13/18 Lane : 6 Athlete: VANCAYZEELE MARGAUX			Q-time: 01:29:60
PB (50m pool): 01:29.60 Antwerpen 15/03/2026 PB (25m pool): 01:31.11 SB: 01:29.60 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:42.64	01:29.60	
	00:42.64	00:46.96	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:49
Heat: 13/18 Lane : 9 Athlete: DE BOCK AUDE			Q-time: 01:30:53
PB (50m pool): 01:30.53 Antwerpen 13/07/2025 PB (25m pool): 01:31.42 SB: 01:39.13 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:41.51	01:30.53	
	00:41.51	00:49.02	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 09:51
Heat: 14/18 Lane : 9 Athlete: BEULENS LOTTE			Q-time: 01:28:21
PB (50m pool): 01:27.45 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:25.74 SB: 01:27.45 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:40.85	01:27.45	
	00:40.85	00:46.60	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 8 Athlete: VAN GHELUE RINSKE			Q-time: 01:25:89
PB (50m pool): 01:25.89 Antwerpen 15/03/2026			PB (25m pool): 01:22.63 SB: 01:25.89 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.28	01:25.89	
	00:40.28	00:45.61	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 9 Athlete: HANSELAER ARIANE			Q-time: 01:26:29
PB (50m pool): 01:26.29 Antwerp 02/02/2025			PB (25m pool): 01:24.76 SB: 01:31.47 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.43	01:26.29	
	00:40.43	00:45.86	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 09:55
Heat: 16/18 Lane : 8 Athlete: DE SMAELE KENZA			Q-time: 01:23:44
PB (50m pool): 01:23.44 Olympic Pool Wezenberg, Antwer 30/03/2025			PB (25m pool): 01:21.55 SB: 01:23.79 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:38.40	01:23.44	
	00:38.40	00:45.04	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 1 Athlete: MARGUTTI MAURO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 2 Athlete: DE KEIJSER STAF			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 4 Athlete: DE WEVER ARTHUR			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:21.76 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 8 Athlete: TIMMERMANS THEO			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 10:03
Heat: 2/14 Lane : 1 Athlete: DE CRAENE NATHEN			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 10:03
Heat: 2/14 Lane : 4 Athlete: TRIEST JULES			Q-time: 01:52:60
PB (50m pool): 01:52.60 Antwerpen 13/07/2025			PB (25m pool): 01:46.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.62	01:52.60	
	00:49.62	01:02.98	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 10:03
Heat: 2/14 Lane : 5 Athlete: MATAIGNE MICHEL			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 10:03
Heat: 2/14 Lane : 9 Athlete: STEVENS GERBEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:33.91 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 5 Athlete: DE PAUW JULES			Q-time: 01:30:99
PB (50m pool): 01:30.99 Gent 08/02/2026			PB (25m pool): no time SB: 01:30.99 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.67	01:30.99	
	00:40.67	00:50.32	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 6 Athlete: DE CRAENE THIBE			Q-time: 01:32:07
PB (50m pool): 01:32.07 Gent 08/02/2026			PB (25m pool): 01:31.26 SB: 01:32.07 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.70	01:32.07	
	00:40.70	00:51.37	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 7 Athlete: GERRITSEN BRUNO			Q-time: 01:34:27
PB (50m pool): 01:34.27 Gent 08/02/2026			PB (25m pool): no time SB: 01:34.27 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.62	01:34.27	
	00:42.62	00:51.65	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 9 Athlete: COESSENS KOBE			Q-time: 01:51:57
PB (50m pool): 01:51.57 Antwerpen 13/07/2025			PB (25m pool): 02:06.09 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.35	01:51.57	
	00:51.35	01:00.22	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 10:07
Heat: 4/14 Lane : 1 Athlete: VAN LOO MATHIAS			Q-time: 01:28:79
PB (50m pool): 01:28.79 Antwerpen 13/07/2025			PB (25m pool): 01:27.57 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.23	01:28.79	
	00:41.23	00:47.56	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 10:07
Heat: 4/14 Lane : 6 Athlete: UVYN MAXIM			Q-time: 01:26:29
PB (50m pool): 01:24.71 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:24.28 SB: 01:24.71 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:40.87	01:24.71	
	00:40.87	00:43.84	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 3 Athlete: DAEM JOPPE			Q-time: 01:22:47
PB (50m pool): 01:22.47 Gent 08/02/2026			PB (25m pool): 01:20.33 SB: 01:22.47 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.04	01:22.47	
	00:39.04	00:43.43	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 6 Athlete: BECK STANN			Q-time: 01:23:20
PB (50m pool): 01:21.08 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:21.35 SB: 01:21.08 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:39.17	01:21.08	
	00:39.17	00:41.91	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 10:11
Heat: 6/14 Lane : 0 Athlete: DE CHAMPS LOÏC			Q-time: 01:19:10
PB (50m pool): 01:19.10 Antwerpen 15/03/2026			PB (25m pool): 01:18.10 SB: 01:19.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.48	01:19.10	
	00:35.48	00:43.62	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 10:11
Heat: 6/14 Lane : 5 Athlete: EL GHAZALI ADAM			Q-time: 01:16:48
PB (50m pool): 01:16.48 Antwerpen 15/03/2026			PB (25m pool): 01:13.90 SB: 01:16.48 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.77	01:16.48	
	00:34.77	00:41.71	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 10:11
Heat: 6/14 Lane : 8 Athlete: DEGRANDE LARS			Q-time: 01:18:98
PB (50m pool): 01:18.98 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:09.10 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.44	01:18.98	
	00:35.44	00:43.54	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 10:11
Heat: 6/14 Lane : 9 Athlete: TIMMERMANS JULES			Q-time: 01:19:29
PB (50m pool): 01:15.67 Lago Gent Rozebroeken 05/05/2024			PB (25m pool): 01:21.28 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:15.67	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:7, starttime: 10:13
Heat: 7/14 Lane : 2 Athlete: DE CRAENE MATTHIS			Q-time: 01:13:61
PB (50m pool): 01:12.99 Antwerpen 14/07/2024			PB (25m pool): 01:09.96 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:12.99	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:7, starttime: 10:13
Heat: 7/14 Lane : 7 Athlete: NEYRYNCK TIBO			Q-time: 01:14:67
PB (50m pool): 01:11.25 GENK 14/07/2019			PB (25m pool): 01:07.66 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.25	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:8, starttime: 10:14
Heat: 8/14 Lane : 2 Athlete: VANNIEUWENHUYSE LOïc			Q-time: 01:12:60
PB (50m pool): 01:12.60 Gent 08/02/2026			PB (25m pool): 01:11.45 SB: 01:12.60 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.26	01:12.60	
	00:33.26	00:39.34	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:8, starttime: 10:14
Heat: 8/14 Lane : 7 Athlete: STEVENS JAAN			Q-time: 01:12:71
PB (50m pool): 01:12.71 Gent 08/02/2026			PB (25m pool): 01:07.82 SB: 01:12.71 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.71	01:12.71	
	00:33.71	00:39.00	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 10:16
Heat: 9/14 Lane : 0 Athlete: LIEVENS TIEBE			Q-time: 01:11:40
PB (50m pool): 01:10.85 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:09.74 SB: 01:10.85 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:32.26	01:10.85	
	00:32.26	00:38.59	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 10:16
Heat: 9/14 Lane : 4 Athlete: VAN RAEMDONCK CAMU			Q-time: 01:09:12
PB (50m pool): 01:08.86 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:10.18 SB: 01:08.86 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:31.81	01:08.86	
	00:31.81	00:37.05	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 10:16
Heat: 9/14 Lane : 5 Athlete: VAN TRICHT FINN			Q-time: 01:09:75
PB (50m pool): 01:09.75 Gent 08/02/2026			PB (25m pool): 01:07.89 SB: 01:09.75 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:31.71	01:09.75	
	00:31.71	00:38.04	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 10:16
Heat: 9/14 Lane : 6 Athlete: SLOS ROBBIE			Q-time: 01:10:46
PB (50m pool): 01:09.78 Antwerpen 14/07/2024			PB (25m pool): 01:07.94 SB: 01:10.46 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:09.78	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 10:18
Heat: 10/14 Lane : 3 Athlete: DE BIE DAAN			Q-time: 01:07:04
PB (50m pool): 01:07.04 Antwerpen 08/03/2026			PB (25m pool): 01:06.36 SB: 01:07.04 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.74	01:07.04	
	00:30.74	00:36.30	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 3 Athlete: DE SMAELE KEYON			Q-time: 01:05:03
PB (50m pool): 01:05.03 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:02.00 SB: 01:05.73 Lochristi 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:30.32	01:05.03	
	00:30.32	00:34.71	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 5 Athlete: BEERNAERT DAAN			Q-time: 01:04:97
PB (50m pool): 01:04.97 Antwerpen 08/03/2026 PB (25m pool): 01:05.67 SB: 01:04.97 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:30.25	01:04.97	
	00:30.25	00:34.72	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 9 Athlete: CASTEUR ALEXANDER			Q-time: 01:06:29
PB (50m pool): 01:06.29 Antwerpen 15/03/2026 PB (25m pool): 01:05.31 SB: 01:06.29 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:30.27	01:06.29	
	00:30.27	00:36.02	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 10:22
Heat: 13/14 Lane : 7 Athlete: VERHEYDEN VINZ			Q-time: 01:02:95
PB (50m pool): 01:02.95 Antwerpen 22/03/2026 PB (25m pool): 01:02.03 SB: 01:02.95 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:28.89	01:02.95	
	00:28.89	00:34.06	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:25
Heat: 1/11 Lane : 1 Athlete: MINNOYE YAANA			Q-time: 99:99:99
PB (50m pool): 01:22.81 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:19.16 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:22.81	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:25
Heat: 1/11 Lane : 2 Athlete: DEPESTELE GITTE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:25
Heat: 1/11 Lane : 7 Athlete: VAN CAENEGEM FIEN			Q-time: 99:99:99
PB (50m pool): 01:41.00 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): no time SB: 01:41.00 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:46.92	01:41.00	
	00:46.92	00:54.08	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:28
Heat: 2/11 Lane : 2 Athlete: BEKAERT SOPHIA			Q-time: 01:36:16
PB (50m pool): 01:36.16 Gent 08/02/2026 PB (25m pool): no time SB: 01:36.16 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:43.17	01:36.16	
	00:43.17	00:52.99	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:28
Heat: 2/11 Lane : 4 Athlete: STORME JADE			Q-time: 01:32:53
PB (50m pool): 01:32.53 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:26.35 SB: 01:35.10 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:39.82	01:32.53	
	00:39.82	00:52.71	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:28
Heat: 2/11 Lane : 9 Athlete: BAELE NORAH			Q-time: 01:46:22
PB (50m pool): 01:39.53 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): no time SB: 01:39.53 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:44.44	01:39.53	
	00:44.44	00:55.09	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:30
Heat: 3/11 Lane : 0 Athlete: DE GRIEVE ONA			Q-time: 01:31:48
PB (50m pool): 01:31.48 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:28.81 SB: no time			
	5 0 M	1 0 0 M	
PB	00:41.10	01:31.48	
	00:41.10	00:50.38	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:30
Heat: 3/11 Lane : 1 Athlete: VAN LOO CHARLOTTE			Q-time: 01:30:54
PB (50m pool): 01:30.54 Antwerpen 13/07/2025 PB (25m pool): 01:28.50 SB: no time			
	5 0 M	1 0 0 M	
PB	00:41.88	01:30.54	
	00:41.88	00:48.66	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:30
Heat: 3/11 Lane : 3 Athlete: CANTRé EMILIE			Q-time: 01:28:65
PB (50m pool): 01:28.02 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:24.66 SB: 01:28.02 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:41.07	01:28.02	
	00:41.07	00:46.95	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 0 Athlete: DE BACKER SOPHIE			Q-time: 01:27:67
PB (50m pool): 01:27.67 Antwerpen 15/03/2026 PB (25m pool): 01:23.76 SB: 01:27.67 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:41.28	01:27.67	
	00:41.28	00:46.39	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 2 Athlete: VELGHE LAUREN			Q-time: 01:25:72
PB (50m pool): 01:25.72 Antwerpen 13/07/2025 PB (25m pool): 01:42.35 SB: 01:26.35 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:40.18	01:25.72	
	00:40.18	00:45.54	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 5 Athlete: STORME IEME			Q-time: 01:25:11
PB (50m pool): 01:22.27 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:21.05 SB: 01:22.27 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:38.76	01:22.27	
	00:38.76	00:43.51	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 7 Athlete: VAN LOO HANNAH			Q-time: 01:26:49
PB (50m pool): 01:26.27 Antwerpen 19/04/2026			PB (25m pool): 01:28.06 SB: 01:26.27 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:39.46	01:26.27	
	00:39.46	00:46.81	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 8 Athlete: SUY NORA			Q-time: 01:26:81
PB (50m pool): 01:26.81 Antwerpen 20/07/2025			PB (25m pool): 01:26.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.95	01:26.81	
	00:40.95	00:45.86	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:5, starttime: 10:34
Heat: 5/11 Lane : 5 Athlete: VERBERT KAAT			Q-time: 01:21:31
PB (50m pool): 01:21.05 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:22.18 SB: 01:21.05 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:38.72	01:21.05	
	00:38.72	00:42.33	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:6, starttime: 10:35
Heat: 6/11 Lane : 2 Athlete: DE SMAELE KENZA			Q-time: 01:20:10
PB (50m pool): 01:20.10 Antwerpen 15/03/2026			PB (25m pool): 01:20.21 SB: 01:20.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.32	01:20.10	
	00:36.32	00:43.78	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:37
Heat: 7/11 Lane : 5 Athlete: VAN BRABANDT MILA			Q-time: 01:16:56
PB (50m pool): 01:16.56 Sportoase De Watermolen 29/03/2026 PB (25m pool): 01:17.45 SB: 01:16.56 Sportoase De Watermolen 29/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.15	01:16.56	
	00:34.15	00:42.41	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:37
Heat: 7/11 Lane : 7 Athlete: BOGAERT HANNE			Q-time: 01:17:01
PB (50m pool): 01:15.99 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:15.46 SB: 01:15.99 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:35.46	01:15.99	
	00:35.46	00:40.53	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:37
Heat: 7/11 Lane : 8 Athlete: NEIRINCK ANNELIES			Q-time: 01:17:40
PB (50m pool): 01:14.75 Antwerpen 14/07/2024 PB (25m pool): 01:15.79 SB: 01:18.44 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:14.75	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:10, starttime: 10:42
Heat: 10/11 Lane : 0 Athlete: BEULENS LOTTE			Q-time: 01:13:40
PB (50m pool): 01:12.04 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:15.86 SB: 01:12.04 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:32.89	01:12.04	
	00:32.89	00:39.15	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46
Heat: 1/12 Lane : 2 Athlete: DE VEERMAN ILAN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:24.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46
Heat: 1/12 Lane : 3 Athlete: DE KEIJSER RAF					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:20.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46
Heat: 1/12 Lane : 7 Athlete: BECK STANN					Q-time: 99:99:99
PB (50m pool): 03:15.01 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:46.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:15.01	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46
Heat: 1/12 Lane : 9 Athlete: VERMEIR CAS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:06.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 10:50
Heat: 2/12 Lane : 3 Athlete: MILLET NOAH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:23.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 10:50
Heat: 2/12 Lane : 4 Athlete: DE SMAELE KEYON					Q-time: 99:99:99
PB (50m pool): 02:38.56 ANTWERPEN 30/07/2023 PB (25m pool): 02:33.40 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:38.56	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 10:50
Heat: 2/12 Lane : 9 Athlete: CASTEUR NICOLAS					Q-time: 99:99:99
PB (50m pool): 03:23.52 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:47.35 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:23.52	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 10:55
Heat: 3/12 Lane : 0 Athlete: VAN KERKHOVE JORICK					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 10:55
Heat: 3/12 Lane : 2 Athlete: TIMMERMANS THEO					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:54.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 10:55
Heat: 3/12 Lane : 9 Athlete: MILLET LUCAS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:00.33 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:4, starttime: 11:00
Heat: 4/12 Lane : 3 Athlete: COSYN MATS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:17.39 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:5, starttime: 11:04
Heat: 5/12 Lane : 1 Athlete: ACKE MANU					Q-time: 03:18:76
PB (50m pool): 03:18.76 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:05.03 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.18	01:38.40	02:29.80	03:18.76	
	00:47.18	00:51.22	00:51.40	00:48.96	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:5, starttime: 11:04
Heat: 5/12 Lane : 2 Athlete: DAEM JOPPE					Q-time: 03:13:76
PB (50m pool): 03:13.76 WACHTEBEKE 19/01/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:38.38	no time	03:13.76	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:5, starttime: 11:04
Heat: 5/12 Lane : 9 Athlete: COESSENS KOBE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:11.79 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:7, starttime: 11:13
Heat: 7/12 Lane : 0 Athlete: MINNOYE TIEBE					Q-time: 02:54:45
PB (50m pool): 02:54.45 Gent 08/02/2026 PB (25m pool): 02:44.26 SB: 02:54.45 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.30	01:27.49	02:11.74	02:54.45	
	00:42.30	00:45.19	00:44.25	00:42.71	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16
Heat: 8/12 Lane : 3 Athlete: UVYN MAXIM					Q-time: 02:42:73
PB (50m pool): 02:42.73 Gent 08/02/2026 PB (25m pool): 02:40.19 SB: 02:42.73 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.66	01:19.04	02:01.02	02:42.73	
	00:37.66	00:41.38	00:41.98	00:41.71	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16
Heat: 8/12 Lane : 6 Athlete: VANNIEUWENHUYSE LOÏC					Q-time: 02:42:92
PB (50m pool): 02:42.92 Gent 08/02/2026					PB (25m pool): 02:36.87 SB: 02:42.92 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.41	01:18.86	02:01.70	02:42.92	
	00:37.41	00:41.45	00:42.84	00:41.22	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:9, starttime: 11:20
Heat: 9/12 Lane : 4 Athlete: DE BIE DAAN					Q-time: 02:36:97
PB (50m pool): 02:36.97 Antwerpen 20/07/2025					PB (25m pool): 02:38.84 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.71	01:15.75	01:56.68	02:36.97	
	00:35.71	00:40.04	00:40.93	00:40.29	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:9, starttime: 11:20
Heat: 9/12 Lane : 7 Athlete: LIEVENS TIEBE					Q-time: 02:39:40
PB (50m pool): 02:39.40 Lochristi 01/02/2026					PB (25m pool): 02:31.86 SB: 02:39.40 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:17.94	no time	02:39.40	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:9, starttime: 11:20
Heat: 9/12 Lane : 9 Athlete: HOSTE LARS					Q-time: 02:40:35
PB (50m pool): 02:40.35 Gent 08/02/2026					PB (25m pool): 02:33.65 SB: 02:40.35 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.65	01:17.77	01:59.89	02:40.35	
	00:37.65	00:40.12	00:42.12	00:40.46	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:10, starttime: 11:23
Heat: 10/12 Lane : 9 Athlete: VAN RAEMDONCK CAMU					Q-time: 02:36:56
PB (50m pool): 02:36.56 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:42.61 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.67	01:17.33	01:57.35	02:36.56	
	00:37.67	00:39.66	00:40.02	00:39.21	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:11, starttime: 11:27
Heat: 11/12 Lane : 6 Athlete: VAN TRICHT FINN					Q-time: 02:30:55
PB (50m pool): 02:30.55 Lochristi 01/02/2026 PB (25m pool): 02:23.62 SB: 02:30.55 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:12.35	no time	02:30.55	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:12, starttime: 11:30
Heat: 12/12 Lane : 7 Athlete: VERHEYDEN VINZ					Q-time: 02:24:41
PB (50m pool): 02:24.41 Antwerpen 27/07/2025 PB (25m pool): 02:18.48 SB: 02:25.85 Antwerpen 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.70	01:08.90	01:47.17	02:24.41	
	00:32.70	00:36.20	00:38.27	00:37.24	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:38
Heat: 2/16 Lane : 1 Athlete: VAN GHELUE RINSKE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:48.67 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:38
Heat: 2/16 Lane : 3 Athlete: HERREGODS INE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:25.63 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:38
Heat: 2/16 Lane : 8 Athlete: BOON MARGOT					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 11:42
Heat: 3/16 Lane : 0 Athlete: BAEYENS EMKE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:22.87 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 11:42
Heat: 3/16 Lane : 7 Athlete: VERBUSTEL LORE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:30.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 11:42
Heat: 3/16 Lane : 9 Athlete: AKMAN REZZAN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:15.57 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:4, starttime: 11:47
Heat: 4/16 Lane : 2 Athlete: VAN LAETHEM ALEXIS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:49.16 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:5, starttime: 11:52
Heat: 5/16 Lane : 0 Athlete: BRUNET MAXIME					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:13.00 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:5, starttime: 11:52
Heat: 5/16 Lane : 5 Athlete: GERRITSEN VESPER					Q-time: 03:34:65
PB (50m pool): 03:34.65 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:11.37 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.05	01:42.51	02:39.41	03:34.65	
	00:49.05	00:53.46	00:56.90	00:55.24	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:5, starttime: 11:52
Heat: 5/16 Lane : 6 Athlete: GALMART HAYLEY					Q-time: 03:39:25
PB (50m pool): 03:39.25 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:13.41 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:53.19	01:50.10	02:45.93	03:39.25	
	00:53.19	00:56.91	00:55.83	00:53.32	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:6, starttime: 11:56
Heat: 6/16 Lane : 0 Athlete: VAN DEN BRULLE MANE					Q-time: 03:31:68
PB (50m pool): 03:31.68 WACHTEBEKE 19/01/2025 PB (25m pool): 03:11.53 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:44.02	no time	03:31.68	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:6, starttime: 11:56
Heat: 6/16 Lane : 2 Athlete: BEKAERT SOPHIA					Q-time: 03:26:80
PB (50m pool): 03:26.80 Sportoase De Watermolen 29/03/2026 PB (25m pool): 03:36.93 SB: 03:26.80 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.81	01:42.72	02:36.09	03:26.80	
	00:49.81	00:52.91	00:53.37	00:50.71	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:6, starttime: 11:56
Heat: 6/16 Lane : 7 Athlete: UVYN AURÉLIE					Q-time: 03:28:86
PB (50m pool): 03:28.86 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:57.19 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.36	01:41.91	02:37.20	03:28.86	
	00:48.36	00:53.55	00:55.29	00:51.66	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:7, starttime: 12:01
Heat: 7/16 Lane : 4 Athlete: DE BIE LIZE					Q-time: 03:15:50
PB (50m pool): 03:15.50 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:55.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.26	01:34.86	02:25.35	03:15.50	
	00:45.26	00:49.60	00:50.49	00:50.15	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:7, starttime: 12:01
Heat: 7/16 Lane : 5 Athlete: VAN BRABANDT MILA					Q-time: 03:15:98
PB (50m pool): 03:15.98 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.11	01:37.27	02:27.16	03:15.98	
	00:46.11	00:51.16	00:49.89	00:48.82	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:7, starttime: 12:01
Heat: 7/16 Lane : 6 Athlete: DE WEVER LAURA					Q-time: 03:17:19
PB (50m pool): 03:17.19 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:58.23 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:36.40	no time	03:17.19	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:8, starttime: 12:05
Heat: 8/16 Lane : 0 Athlete: HAMID ROYAH					Q-time: 03:12:12
PB (50m pool): 03:12.12 Sportoase De Watermolen 29/03/2026 PB (25m pool): 03:24.81 SB: 03:12.12 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.81	01:32.53	02:23.10	03:12.12	
	00:43.81	00:48.72	00:50.57	00:49.02	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:8, starttime: 12:05
Heat: 8/16 Lane : 8 Athlete: MENU NINA					Q-time: 03:11:53
PB (50m pool): 03:11.53 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:55.68 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.09	01:32.69	02:23.20	03:11.53	
	00:44.09	00:48.60	00:50.51	00:48.33	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:9, starttime: 12:09
Heat: 9/16 Lane : 4 Athlete: DE SMAELE KENZA					Q-time: 02:57:39
PB (50m pool): 02:57.39 Lochristi 01/02/2026 PB (25m pool): 03:16.89 SB: 02:57.39 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:25.41	no time	02:57.39	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:9, starttime: 12:09
Heat: 9/16 Lane : 7 Athlete: RUTTEN LEONIE					Q-time: 03:01:46
PB (50m pool): 03:01.46 Gent 08/02/2026 PB (25m pool): 02:57.44 SB: 03:01.46 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.58	01:30.64	02:17.31	03:01.46	
	00:44.58	00:46.06	00:46.67	00:44.15	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:9, starttime: 12:09
Heat: 9/16 Lane : 8 Athlete: VANCAYZEELE MARGAUX					Q-time: 03:01:72
PB (50m pool): 03:01.72 Gent 08/02/2026 PB (25m pool): 02:56.16 SB: 03:01.72 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.77	01:29.10	02:16.41	03:01.72	
	00:43.77	00:45.33	00:47.31	00:45.31	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:9, starttime: 12:09
Heat: 9/16 Lane : 9 Athlete: NGABO ANNABELLE					Q-time: 03:02:92
PB (50m pool): 03:02.92 Lochristi 01/02/2026					PB (25m pool): 02:55.16 SB: 03:02.92 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:30.49	no time	03:02.92	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:10, starttime: 12:13
Heat: 10/16 Lane : 0 Athlete: VERBERT KAAT					Q-time: 02:55:99
PB (50m pool): 02:55.99 Gent 08/02/2026					PB (25m pool): 02:57.03 SB: 02:55.99 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.32	01:27.21	02:13.21	02:55.99	
	00:41.32	00:45.89	00:46.00	00:42.78	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:10, starttime: 12:13
Heat: 10/16 Lane : 3 Athlete: MINNOYE YAANA					Q-time: 02:54:43
PB (50m pool): 02:50.04 Antwerpen 14/07/2024					PB (25m pool): 02:44.73 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:50.04	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:10, starttime: 12:13
Heat: 10/16 Lane : 7 Athlete: BOGAERT HANNE					Q-time: 02:54:58
PB (50m pool): 02:54.58 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:46.12 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.69	01:26.89	02:12.08	02:54.58	
	00:42.69	00:44.20	00:45.19	00:42.50	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:10, starttime: 12:13
Heat: 10/16 Lane : 9 Athlete: DAEM HANNELISE					Q-time: 02:56:02
PB (50m pool): 02:56.02 Gent 08/02/2026					PB (25m pool): 02:51.80 SB: 02:56.02 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.61	01:27.03	02:12.55	02:56.02	
	00:41.61	00:45.42	00:45.52	00:43.47	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:11, starttime: 12:16
Heat: 11/16 Lane : 3 Athlete: DE BACKER SOPHIE					Q-time: 02:49:52
PB (50m pool): 02:49.52 Gent 08/02/2026					PB (25m pool): 02:40.39 SB: 02:49.52 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.93	01:24.49	02:08.50	02:49.52	
	00:40.93	00:43.56	00:44.01	00:41.02	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:11, starttime: 12:16
Heat: 11/16 Lane : 4 Athlete: STORME IEME					Q-time: 02:49:09
PB (50m pool): 02:49.09 Gent 08/02/2026					PB (25m pool): 02:38.09 SB: 02:49.09 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.31	01:22.41	02:06.60	02:49.09	
	00:39.31	00:43.10	00:44.19	00:42.49	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:11, starttime: 12:16
Heat: 11/16 Lane : 7 Athlete: DEGRANDE AN					Q-time: 02:50:85
PB (50m pool): 02:50.85 Gent 08/02/2026					PB (25m pool): 02:45.35 SB: 02:50.85 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.12	01:25.20	02:09.00	02:50.85	
	00:41.12	00:44.08	00:43.80	00:41.85	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:12, starttime: 12:20
Heat: 12/16 Lane : 3 Athlete: NEIRINCK ANNELIES					Q-time: 02:46:03
PB (50m pool): 02:46.03 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 02:39.58 SB: 02:51.50 Sportoase De Watermolen 29/03/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.66	01:21.38	02:04.85	02:46.03	
	00:38.66	00:42.72	00:43.47	00:41.18	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:12, starttime: 12:20
Heat: 12/16 Lane : 4 Athlete: CANTRé EMILIE					Q-time: 02:45:59
PB (50m pool): 02:45.59 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:36.91 SB: 02:48.03 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.06	01:19.53	02:02.96	02:45.59	
	00:38.06	00:41.47	00:43.43	00:42.63	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:14, starttime: 12:27
Heat: 14/16 Lane : 1 Athlete: BEULENS LOTTE					Q-time: 02:41:55
PB (50m pool): 02:41.55 Gent 08/02/2026 PB (25m pool): 02:39.97 SB: 02:41.55 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:18.95	02:00.80	02:41.55	
	no time		00:41.85	00:40.75	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:14, starttime: 12:27
Heat: 14/16 Lane : 9 Athlete: STORME JADE					Q-time: 02:42:93
PB (50m pool): 02:42.93 Antwerpen 13/07/2025 PB (25m pool): 02:39.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.39	01:19.23	02:01.31	02:42.93	
	00:38.39	00:40.84	00:42.08	00:41.62	
					

Coach feedback: